

# project.ME

Policy No: 17- Recoveree LYFT Policy  
Effective Date: 10.01.2022

The policies and procedures detailed herein govern project.ME-FW, Incorporated ("project.ME") Peer Recovery Coaching (PRC) program & the Harm Reduction Street Outreach (HRSO) program which include the components associated with the project.ME LYFT Assistance program.

## Target Population

project.ME PRC and HRSO services are aimed to offer resources, information, education, support, and tools to people who use drugs, individuals in recovery from drug use and/or incarceration, loved ones & support persons of people who use drugs and incarcerated individuals, as well as members of the community.

## Definition of Substance Use Disorder

We will be following DSM V criteria for substance use disorder (SUD).

SUD CRITERIA:	<ol style="list-style-type: none"><li>1. Using more of a substance than intended or using it for longer than you're meant to.</li><li>2. Trying to cut down or stop using the substance but being unable to.</li><li>3. Experiencing intense cravings or urges to use the substance.</li><li>4. Needing more of the substance to get the desired effect — also called tolerance.</li><li>5. Developing withdrawal symptoms when not using the substance.</li><li>6. Spending more time getting and using drugs and recovering from substance use.</li><li>7. Neglecting responsibilities at home, work, or school because of substance use.</li><li>8. Continuing to use even when it causes relationship problems.</li><li>9. Giving up important or desirable social and recreational activities due to substance use.</li><li>10. Using substances in risky settings that put you in danger.</li><li>11. Continuing to use despite the substance causing problems to your physical and mental health.</li></ol>
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## LYFT Policy

**The project.ME LYFT policy outlines procedures to follow to access LYFT rides for recoverees.**

The Indiana Recovery Network is partnered with IN211, DMHA, and Lyft to offer FREE rides for individuals in recovery. Rides can be for anything that apply to the four dimensions of recovery including **health, home, community, and purpose**. These rides are offered through the Regional Recovery Hub project.

As a Regional Recovery Hub with the Indiana Recovery Network, projectME is able to offer up to 8 free LYFT rides per month to recoverees who are enrolled in the Recovery and Dreams (RAD) peer recovery coaching program and have completed a LYFT Assessment through RecoveryLink with their assigned coach.

### Recoverees must meet the following criteria:

Does the recoveree qualify for the priority population described?

*Priority must be given for people in a work release program or exiting incarceration and in need of one of the following: employment, ID's, other job, and re-entry related life support is the primary goal for utilization of ride services.*

Has the referring organization ensured the recoveree is ineligible for transportation through other funding sources such as Medicaid?

*If recoveree is requesting transportation for dosing or medical appointments, they must try to schedule transportation through Medicaid/HIP prior to requesting a LYFT ride through projectME*

Is the recoveree requesting a ride 18 or older?

*Must be over 18 years of age.*

# project.ME

If Recoveree meets all criteria and has not reached the maximum number of monthly rides, PRC should complete a Lyft Assessment form and submit it to supervisor at [aisha@projectme-fw.org](mailto:aisha@projectme-fw.org).

Supervisor will approve or deny the request; Upon approval, PRC will complete a LYFT assessment in RecoveryLink that corresponds with the information included on the LYFT assessment form they submitted; Upon denial, PRC will help recoveree explore other transportation options to address their needs.

**LYFT transportation will be requested at least 24 hours in advance of when transportation is needed.**

**LYFT rides are available Monday through Sunday 9:00am to 8:00pm.**

**LYFT transportation is meant to be utilized as a last resort. If recoveree has other means which they can utilize, they must use those means.**

**LYFT transportation is meant to be a short-term assistance and not to be relied upon; PRCs will be assisting in the connection to other resources to address barriers to transportation, up to and including issuance of bus passes and aid in reinstatement of driving privileges.**

**I sign this document in acknowledgement of my understanding of the project.ME LYFT policy and procedures:**

PRC \_\_\_\_\_ date \_\_\_\_\_

Supervisor \_\_\_\_\_ date \_\_\_\_\_